

1. How have you served the FSMTB in the last few years?

Serving the Federation of State Massage Therapy Boards has been both a privilege and a meaningful part of my professional service over the past several years. 2026 marks my fourth consecutive year as a voting delegate at the FSMTB Annual Meeting, where I have valued the opportunity to contribute to important discussions that shape the future of our profession, and decision-making that supports the FSMTB mission. I am also honored to be serving my second year on the Finance Committee, where I have gained a deeper appreciation for the financial stewardship and strategic planning that support the Federation's mission. These experiences have strengthened my commitment to collaborative leadership, sound governance, and advancing public protection through a strong and effective regulatory community.

2. What skill set or strengths do you bring to the FSMTB?

I bring a combination of strategic thinking, collaborative leadership, and a genuine commitment to service. Throughout my 26 years in the massage therapy profession and nearly a decade of service on the DC Board of Massage Therapy (along with other volunteer roles involving regulation, education and policy), I have learned the importance of active listening, being fully-informed & working together to build consensus when making thoughtful decisions that aim to serve the public, the profession, and those who support them. I strive to be a strong communicator who values diverse perspectives and works collaboratively to achieve shared goals. Although I have not previously served on the FSMTB Board of Directors, I believe that a fresh perspective—combined with my experience, collaborative approach, and commitment to the profession—will allow me to make a meaningful contribution to the Board's work.

3. What do you see as the important issues facing FSMTB?

I believe one of the Federation's most important opportunities is to strengthen engagement across member boards while continuing to provide strategic leadership supporting greater alignment around best practices. It's a challenge to regulation - and the profession as a whole - that not every member board is aligned under the same umbrella of understanding & agreement regarding educational requirements or standards of conduct & practice. From my perspective, one of the primary issues any great solution faces is whether the intended users of that solution 1) know about it 2) choose to utilize & adopt it. FSMTB's role can continue to be strengthened through increased engagement & communication that favors stakeholder collaboration and feedback. Although it's true that forces such as IMBs (and perhaps now robotic massage) are detrimental to our profession's credibility, an equal competitor is the simple fact that - as an industry - we still don't have an aligned baseline.