



## **Thank you for your interest in volunteering as a Board Director with FSMTB!**

We're always seeking enthusiastic and qualified volunteers to help carry out our mission of supporting our Member Boards in their work to ensure that massage therapy is practiced safely and competently.

When you volunteer with FSMTB, you are stepping into a community of passionate individuals who care deeply about the advancement and integrity of massage therapy. Your voice and experience will help guide the profession's future.

By dedicating your time and expertise, you play a vital role in shaping the future of massage therapy regulation and supporting the professionals who serve the public. Volunteering with FSMTB offers unique opportunities to make a meaningful impact on the profession while developing your own skills and connections.

In addition to the satisfaction of giving back, volunteering with FSMTB offers personal and professional growth. You'll have the chance to expand your knowledge, develop leadership skills, and build lasting relationships with peers and experts nationwide.

Together, we can continue to promote excellence in massage therapy and ensure that the organization and profession remains strong for years to come

### ***Criteria***

The appointment of volunteers is based on the following criteria:

1. Demonstrated interest in the profession and FSMTB's mission
2. Willingness to serve — commitment
3. Ability to serve — time
4. Something of value to contribute — knowledge and skill
5. Professional reputation and ethics
6. Reliability — will assume necessary responsibilities
7. Accountability — will be accountable for cooperative effort and timely completion of tasks
8. Leadership and communication skills
9. Geographic diversity — representation from different geographic areas

## BOARD OF DIRECTORS

The FSMTB Board of Directors is elected by the membership to govern the Federation, including policy development and enforcement, strategic planning, finances, and appointing committee members. Members of the FSMTB Board of Directors are ultimately responsible for, and have a fiduciary duty to, the organization's health and welfare.

**Time commitment:** The FSMTB Board of Directors meets quarterly for two days, must attend the FSMTB Annual Meeting, and is occasionally expected to travel to represent the organization in-person or represent virtually. Board liaison responsibilities may be assigned for certain committees.

**Prerequisites:** Must be a current or former Associate Member of FSMTB. An Associate Member is a current and legally serving member of an FSMTB Member Board or an individual who has served on a Member Board within the last 12 months. An Associate Member can also be the chief administrative officer of a Member Board or a current serving member of the FSMTB Board of Directors.

**Financial reimbursement:** FSMTB will reimburse board members for actual, reasonable, and necessary travel-related and other expenses.

## BOARD MEMBER RESPONSIBILITIES

Board members have a fiduciary duty to conduct themselves without conflict to the interests of FSMTB. When acting within their capacity as a board Member, they must subordinate personal, business, third-party, and other interests to the welfare and best interests of FSMTB.

As representatives of the Federation of State Massage Therapy Boards and its members, and as persons at the highest levels of responsibility and trust, board members are expected by the board to set and model a standard of high ethics and proper behavior and to serve as individual examples to the massage therapy community and to the public at large of FSMTB ethics and principles.

### ***Standards of Conduct***

Each board member is elected to contribute to the achievement of the mission of the Federation of State Massage Therapy Boards in the best interest of its membership, the massage therapy community, and the public.

Each board member's contribution shall be made with respect for law and with honesty, loyalty, prudence, diligence, and fairness.

Each board member shall act in good faith, in the best interest of the FSMTB, and shall exercise their duty to provide policy guidance and leadership to the management, employees, and membership of the FSMTB.

Board members shall comply and satisfy themselves that appropriate procedures and policies are in place for compliance by board members and employees of the FSMTB with rules, laws, and regulations applicable to FSMTB, including the use of any nonpublic information.

Board members may not engage in any conduct or activity that is inconsistent with FSMTB's best interests or that disrupts or impairs FSMTB's relationship with any person or entity with whom FSMTB has or proposes to have a business relationship.

A board member shall not advance their personal interests at the expense of FSMTB or engage in any outside business (professional or other activities) that would directly or indirectly materially adversely affect the Federation.

A board member shall not conduct personal business at a meeting of the Board. All board members shall conduct their professional life in a manner that befits the dignity of a board member of the FSMTB and befits their obligation to provide leadership by example to others.

### ***Scope of Authority***

The board of the FSMTB is a collegial body and actions may be taken on behalf of the board and directions given to FSMTB management and employees only through the actions of the board acting as a body at a meeting held upon proper notice and with the attainment of a quorum. A board member's authority is limited to those acts transacted during such a meeting of the board.

A board member's primary obligation is to participate in the governance and policy making process of the FSMTB. Board members do not represent in their service on the board any constituency or group but shall perform their duties on behalf of the interests of the FSMTB as a whole.

### ***Political Activity***

A board member as an individual is free to engage in political activity, but such activity must be completely disassociated from their position as an FSMTB board member.

A board member must not use their status as a board member to further any political goal unless authorized by the board to further the interests of the FSMTB.

***Confidentiality***

A board member shall maintain the confidentiality of information entrusted to them by FSMTB and any other confidential information about FSMTB that comes to them for whatever purpose in their capacity as a board member, except when disclosure is authorized or legally mandated. Confidential information includes all nonpublic information relating to FSMTB and shall not be disclosed to third parties, including members of FSMTB, except as duly authorized by FSMTB.